

# Discover Your Unique Genius

Are you aware of your unique gifts that only you possess? Use this tool to discover the talents, activities and actions that most serve you, others and the world. Gain awareness of the activities you persist in doing that drain your energy, time and talent.

## Unique Genius

◆ What activities feel like play?

◆ When do you receive the most compliments?

◆ When does time fly by and results blossom?

◆ When do you feel most fully alive?

◆ What are your unique talents rarely found in others?

## Excellent

◆ What do you consistently get positive feedback about in your life?

◆ What do you do better than just about anyone else?

### Unconscious Commitment:

Doing well, but playing safe

## Competent

◆ What do you do satisfactorily, that others can do as well or better?

◆ What activities do you engage in that are not totally satisfying?

### Unconscious Commitment:

Going through the motions, maintaining the status quo

## Incompetent

◆ What do you do that consumes enormous energy and creates mediocre results?

◆ What do you do that others can do better?

### Unconscious Commitment:

Suffering and frustration

## Definitions

**Unique Genius:** Natural ability; extraordinary capacity for imaginative creation, original thought and discovery.

**Excellent:** Exceptional ability; outstanding quality; surpassing others; of superior merit.

**Competent:** Adequate ability; capable; satisfactory performance.

**Incompetent:** Insufficient ability or knowledge; incapable; unqualified; unskilled.

Adapted from Dan Sullivan's Unique Ability Model and the Hendricks Institute Genius Catalyst